



Bountiful Clatskanie!

The Clatskanie Farmers Market Weekly Newsletter

The Coolest Little Market in Oregon!

September 7th 2019

September means only **FOUR** more market days left!

That's right! You better make your way down to the Market, and quickly... fall is approaching and CFM only has **FOUR** market days left. Thinking of fall, here's a recipe for roasted root vegetables. How many of these ingredients you can find at the Market this weekend?

Market Fresh Roasted Root Veggies

This is a robust, flavorful one-skillet recipe sure to please! Serve as a side dish with roasted chicken, grilled steak or fresh fish! Use any leftovers in a breakfast hash with eggs, cheese & sausage! The best part about this recipe? You can customize it based on your taste preferences and use produce that is fresh, local and in season!

- 6 cups root vegetables, cut into ½" cubes, such as parsnips, red or white potatoes, turnips, rutabagas, sweet potatoes, carrots, celery root, and red or golden beets. Scrub veggies well, and peeled if desired.
- 1 onion (sweet, red or white), chopped
- 2 or more garlic cloves, minced
- 1 or more TBSP chopped fresh herbs such as rosemary, thyme or parsley
- 2 TBSP oil, lard or butter
- Splash of broth or white wine
- Sea salt and black pepper to taste
- Parmesan cheese, optional

Heat oil in a large skillet over medium-high heat. Add onion, garlic and all vegetables except fresh herbs; sauté until vegetables begin to soften, 6 - 7 minutes. Add herbs and a splash of broth or wine. Reduce heat to medium and cover skillet. Cook until vegetables are tender and liquid is absorbed, stirring occasionally, about 8 to 9 minutes more.

Remove lid, return heat to medium-high, and cook until vegetables brown, just a few minutes more. Generously season with sea salt and freshly ground black pepper to taste. Serve topped with Parmesan cheese, if desired.

*Try adding bacon or sliced kielbasa to this dish!

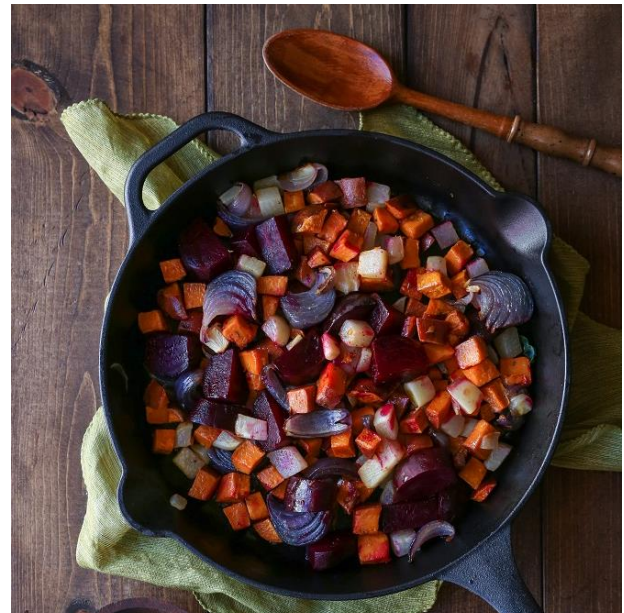


photo: www.theroastedroot.net

So, be on the lookout for some potatoes, beets, onions, garlic and fresh herbs to make this Market Fresh Roasted Root Veggies Recipe! Clatskanie Farmers Market. See you there! Copes' Park. 10am-2pm!

It's not too late to sign up to have a booth! Questions? Ask our Market Manager:

Dimidy Kjelland may be reached at: 503 410-2595 or by email at: CFMmarketManager@gmail.com CFM Online at: www.ClatskanieFarmersMarket.com

Mark your calendars for an Upcoming Special Event!



September 28th - Apple Cider Pressing!

 Follow us Clatskanie Farmers Market www.ClatskanieFarmersMarket.com

See you on Saturday... at the Coolest Little Market in Oregon!



Bring your apples and clean juice containers, and we'll do the pressing for you!

*Free cider tastes and recipes to try, too!

Upcoming CFM Board of Directors Meeting: September 12th 2019

This coming Thursday, at 6:30pm in the PUD conference room. This meeting will feature an open discussion about a change of venue for the farmers market next season. Please join us!

VENDOR LINEUP September 7th 2019
Musical Talent by Bob Bowles!!

- ❖ **Alder Springs**, handmade metal art, home décor, exclusive jewelry, local fresh produce!
- ❖ **Agate Lane Inspirations**, unique jewelry, handmade, original, recycled & upcycled arts & crafts!
- ❖ **Backroads Bounty**, Local, naturally grown, fresh-from-the-garden, flavorful produce!
- ❖ **Broquet Ranch**, angora roving, mohair yarn, handmade wearable items, farm fresh eggs!
- ❖ **Columbia River Candy**, small batch, exquisite, locally made, handcrafted candy, toffee & fudge!
- ❖ **Ever Atlas Farm**, freshly grown produce & herbs, jams, jellies, seeds, and preserved foods!
- ❖ **Face Painting by Priscilla**, lovely or whimsical face & body painted designs, for young or old!
- ❖ **Greenwoods Café**, hot food stand serving made from scratch, Cantonese style Dim Sum!
- ❖ **Haven Acres II**, handmade kitchen wares, towels, cloths, scrubbies, and goat milk soap!
- ❖ **Jones Gals Sundries**, freshly baked goods, weighted blankets, shopping bags & more!
- ❖ **Pacific Pixie**, handmade creative wooden art, wind chimes, notecards, jewelry and much more!
- ❖ **Polly's Art & Massage**, hand painted, fine art, unique ceramics, chair massage-by-the-minute!
- ❖ **Thistle Hill Farmstand**, freshly baked goods and pastries, famous Cardamom Bread & more!
- ❖ **Tilthworks**, locally produced honey, artisan bread, focaccia, fresh garlic and braids, & more!