

# Clatskanie Farmers Market

## Food Demonstration

### Ice Cream & Toppings!

[www.ClatskanieFarmersMarket.com](http://www.ClatskanieFarmersMarket.com)

Online you'll find more recipes &  
ideas for using local food!



One of the goals of the food demos at the Clatskanie Farmers Market is to inspire you to seek out recipes that use local, fresh food, to cook in new ways, and to enjoy the bounty that grows right in your own neighborhood. We aim to show you how easy it is to prepare simple, wholesome foods for yourself and your family.

If you have an idea for a demonstration or tasting, we would love to hear from you!  
[ClatskanieFM@gmail.com](mailto:ClatskanieFM@gmail.com).

## Summer is here!

In honor of National Ice Cream Day, may we suggest shopping at the Farmers Market for fresh ideas to top your ice cream treats!

- Local honey!
- Fresh Fruit, to serve as is or cook into a delicious sauce, jam or jelly!
- Cajeta! Goat Milk Caramel Sauce
- Fresh Mint, or even Pepper Jelly!
- Berries of every kind!

### Homemade Whole Milk Ice Cream

Try this simple way to enjoy your own special frozen treat! Warm 1 quart whole milk with 1 cup sugar, 1 tsp vanilla, and  $\frac{1}{2}$  tsp salt. Gently whisk 4 egg yolks into warmed milk and stir while cooking gently for 2 minutes. Strain and chill. Freeze in ice cream maker, or right in the freezer, stirring every  $\frac{1}{2}$  hour until frozen. Makes 8 small servings to top as desired!

**Be sure and pick up some baked goods to top with your homemade ice cream!**